

Telephone: (910) 763-5757 Toll Free: 1-866-579-5757 Fax: (910) 763-5677

Attached to this letter you will find a <u>Physical Medical Questionnaire</u> (*Physical Residual Functional Capacity Questionnaire*). Please have your doctor complete the form. You should return the form to us after you pick it up from your doctor. Please remember the following:

- 1. The form should be <u>signed by a Medical Doctor (M.D.) not a physician's assistant or nurse</u>.
- 2. This form is very important to your case as it provides medical evidence in support of your disability.
- 3. We cannot force your doctor to complete the form for you.
- 4. We do not tell the doctor how to complete the form for you.
- 5. The questions on the form are to gather the doctor's best estimate as to your functional limitations.
- 6. SEND THE COMPLETED FORM TO US AT:

## **MAIL:**

Gregory Kornegay P.O. Box 900 Wilmington, N.C. 28402; or

**FAX:** (910) 763-5677; or

**EMAIL:** gkornegay@aol.com

Sincerely,

GREGORY K. KORNEGAY

## PHYSICAL RESIDUAL FUNCTIONAL CAPACITY QUESTIONNAIRE

| ase answer th                    | ne following questions concerning your p   |   |
|----------------------------------|--|---|
|                                  | te following questions concerning your p   | patient's impairments.  |
| -                                |  |   |
|                                  |  |   |
| Prognosis: _                     |  |   |
| List your pat                    | ient's symptoms, including pain, dizzine   | ss, fatigue, etc.:  |
| If your patien<br>severity of yo | nt has pain, characterize the nature, locatour patient's pain:   | tion, frequency, precipitating factors, and   |
| Identify the c                   |  |   |
|                                  | Diagnoses: _  Prognosis: _  List your patients severity of your patients severity seve | Nature, frequency and length of contact:  Diagnoses:  Prognosis:  List your patient's <i>symptoms</i> , including pain, dizzines  If your patient has pain, characterize the nature, local severity of your patient's pain:   Identify the clinical findings and objective signs: |

| 7.  | Describe the treatment and response including any side effects of medication which may have mplications for working, e.g., drowsiness, dizziness, nausea, etc.:  |                 |                   |                  |  |  |  |
|-----|--|-----------------|-------------------|------------------|--|--|--|
|     |  |                 |                   |                  |  |  |  |
| 8.  | Have your patient's impairments lasted or can the Yes No   | ney be expecte  | d to last at leas | t twelve months? |  |  |  |
| 9.  | Is your patient a malingerer?  | Yes             | No                |                  |  |  |  |
| 10. | Do emotional factors contribute to the severity of your patient's symptoms and functional limitations?   |                 |                   |                  |  |  |  |
|     | mintations:  |                 | Yes               | No               |  |  |  |
| 11. | . Identify any psychological conditions affecting  | your patient's  | physical condit   | ion:             |  |  |  |
|     | <ul> <li>( ) Depression</li> <li>( ) Somatoform disorder</li> <li>( ) Psychological factors affecting physical (</li> <li>( ) Anxiety</li> <li>( ) Personality disorder</li> <li>( ) Other:</li> </ul> |                 |                   |                  |  |  |  |
| 12. | 2. Are your patient's impairments (physical impair <i>reasonably consistent</i> with the symptoms and freevaluation?   | -               |                   |                  |  |  |  |
| 13. | 8. How often is your patient's experience of pain of with attention and concentration?   | or other sympto | oms severe eno    | ugh to interfere |  |  |  |
|     | () Never () Seldom () Often (  | ) Frequently    | () Constantly     | 7                |  |  |  |
| 14. | . To what degree can your patient tolerate work s  | stress?         |                   |                  |  |  |  |
|     | <ul><li>( ) Incapable of even "low stress" jobs</li><li>( ) Capable of low stress jobs</li><li>( ) Moderate stress is okay</li><li>( ) Capable of high stress work</li></ul>                           |                 |                   |                  |  |  |  |
|     | Please explain the reasons for your conclusi   | on:             |                   |                  |  |  |  |
|     |  |                 |                   |                  |  |  |  |

|    | esult of your patient's impairments, estimate your patient's functional limitations if your twere placed in a <i>competitive work situation</i> :   |
|----|---|
| a. | How many city blocks can your patient walk without rest or severe pain?   |
| b. | Please circle the hours and/or minutes that your patient can sit <i>at one time</i> , e.g., before needing to get up, etc.  Sit:     O 5 10 15 20 30 45  Minutes   1 2 More than 2  Hours |
| c. | Please circle the hours and/or minutes that your patient can stand <i>at one time</i> , e.g., before needing to sit down, walk around, etc.   |
|    | Stand: 0 5 10 15 20 30 45  Minutes  |
|    | 1 2 More than 2<br>Hours  |
| d. | How long can your patient sit and stand/walk <i>total</i> in an 8-hour working day (with normal breaks)?  |
|    | Sit Stand/walk  |
|    | () () less than 2 hours   |
|    | () () About 2 hours   |
|    | () () About 4 hours   |
|    | () () At least 6 hours  |
| e. | Does your patient need to include periods of walking around during an 8-hour working day? Yes No  |
|    | If yes, (1)approximately how often must your patient walk?  |
|    | 1 5 10 15 20 30 45 60 90<br>Minutes   |
|    | (2) how <i>long</i> must your patient walk each time?   |
|    | <u>1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 Minutes</u>  |
|    | 3   |

| f.                                | -           | Does your patient need a job which permits shifting positions <i>at will</i> from sitting, standing or walking? |                       |   |                           |            |  |
|-----------------------------------|-------------|---|-----------------------|---|---------------------------|------------|--|
|                                   | Stario      | ing of warking:   |                       |   | Yes                       | No         |  |
| g.                                | •           | r patient sometiming shift? Yes   | nes need to ta<br>No  | ke unscheduled brea                                     | aks during an 8-          | hour       |  |
|                                   | If yes      | , (1) How often of  | lo you think          | this will happen?                                       |                           |            |  |
|                                   |             |   |                       | vill your patient have                                  |                           | •          |  |
| h.                                | With pro    | longed sitting, sh  | ould your pa<br>Yes   | tient's leg(s) be elev<br>No                            | rated?                    |            |  |
|                                   | If yes      | , (1) How high s  | should the leg        | g(s) be elevated?                                       |                           |            |  |
|                                   |             | •   |                       | entary job, <i>what per</i><br>g day should the leg<br> | (s) be elevated?          | _          |  |
| i.                                |             | e engaging in occ<br>assistive device?  |                       | ling/walking, must y                                    | your patient use Yes      | a cane or  |  |
|                                   | 6 to 33% of | •   |                       | 5% of an 8-hour wo<br>quently" means 34%                | orking day; "occ          | asionally" |  |
| j.                                | How man     | y pounds can you  | ur patient lift       | and carry in a comp                                     | petitive work sit         | uation?    |  |
| Less than 10 lbs. 20 lbs. 50 lbs. | 10 lbs.     | Never ( ) ( ) ( ) ( )   | Rarely () () () () () | Occasionally () () () () ()                             | Frequentl ( ) ( ) ( ) ( ) | y          |  |

|               | Never                                  | Rarely  | Occasionally  | Frequently   |
|---------------|--|---|---|--|
| Twist         | ()                                     | ()  | ()  | ()   |
| Stoop (bend)  | ()                                     | ()  | ()  | ()   |
| Crouch        | ()                                     | ()  | ()  | ()   |
| Climb ladders | ()                                     | ()  | ()  | ()   |
| Climb stairs  | ()                                     | ()  | ()  | ()   |
| l. Are yo     | ur patient's imp<br>Ye                 | •   | to produce "good day                                | s" and "bad days?"                                 |
|               |  |   | days per month your irments or treatment:           | patient is likely to be absent                     |
|               | () About t<br>() About t<br>() About f | one day per mon<br>wo days per mon<br>hree days per mon<br>four days per mon<br>an four days pe | onth<br>nonth<br>onth                               |  |
|               | ring, etc.) that w                     |   | s psychological limita<br>ir patient's ability to w | ations, limited vision, vork at a regular job on a |
|               |  | Sig   | nature  |  |
| Printed/Ty    | ped Name:                              |   |   |  |
| Address:      |  |   |   |  |

k. How often can your patient perform the following activities?